

Making a Bird Seed Wreath



- 100g/ ¾ cup plain flour
- 120ml/ ½ cup warm water
- One 12g package of unflavoured gelatin
- Three tablespoons of honey
- Approximately 300g / 3 cups of bird food
- Dried fruit for decoration
- Bundt Cake and other Moulds
 - Non stick cooking oil



Method

- Start by mixing the gelatin and water together in a mixing bowl until the gelatin is fully dissolved.
- Whisk in the honey and flour until the mixture is nice and thick. If you think it needs to be a bit thicker, stick it in the fridge for a short time to cool it down.
- Stir the bird seed into the thickened mixture. It will begin to get quite tough to stir but make sure it is all evenly mixed!
- When it's all well stirred, spray your moulds with nonstick vegetable cooking oil and clingfilm too for big moulds. This will make them easier to get out of the moulds when set.
- Put some dried fruit in the bottom of the moulds for decoration.
- Spoon the seed mixture into the moulds on top of the decorative dried fruit, making sure it is well pressed down into the mould.
- Pop the moulds into the fridge for half an hour or until set.
- Turn the moulds out on to some greaseproof paper and leave the decorations to dry for a few days, turning them over every so often.
- Hang them up in the garden and enjoy watching the birds!

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